



Sai Care Homes

July 2026

The Whitfield

GAZETTE



IN THIS ISSUE:

- Sweet Treats
- BBQ Heat
- Cowboy Fleets

...and so much more!

A MESSAGE FROM US

We've had no time for summertime sadness here at Whitfield - take a look inside to see the jam-packed July we've had!

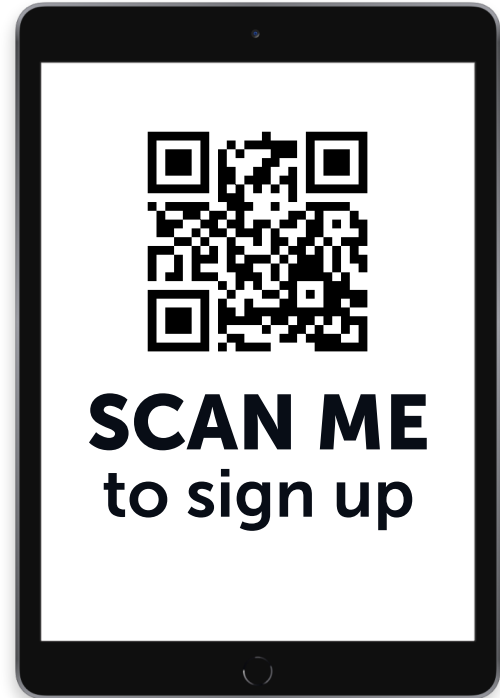


Next-of-Kin Surveys

You may have received emails from head office regarding surveys for next-of-kin and relatives to the home. **If you're not currently receiving these emails, please scan or tap the QR code to sign yourself up.**

We'll never flood your inbox with spam - you'll only receive surveys, other home announcements (like our themed barbecues!), and occasional special offers from around RS Rock Holdings. You can unsubscribe at any time.

We appreciate not everybody enjoys filling out online forms, so we have a paper version of the survey - just ask a member of staff for a copy, and we'll make sure the data reaches our back-office number crunchers.

A hand holding a white paper survey form. The form has the Sai Care Homes logo at the top left and the title "Next of Kin Survey - July 2026" at the top right. Below the title is a disclaimer: "We'd really value your feedback on the care and support we provide. This survey is anonymous unless you choose to add your name at the end. Fields marked * are required. Please tick one box per rating question, where 1 = Poor and 5 = Excellent." The form is titled "Ratings" and contains seven numbered questions, each with a 5-point rating scale (checkboxes 1 to 5). The questions are: 1. How happy are you with the care provided at the home? *, 2. How welcome do you feel when you visit? *, 3. How helpful and knowledgeable are the staff? *, 4. How clean and hygienic is the home? *, 5. How well-presented and cared for do residents appear? *, 6. Do you feel that there are enough staff on duty? *, and 7. How active and engaged do residents appear when you visit? *. The form is being held by a hand, and the background is white.

KENT CARE

AWARDS 2026

FINALIST

We're delighted to announce that Whitfield's up for **even more** awards... the brilliant Jas has been nominated for the Dementia Champion award at this year's Kent Care Awards!

This award celebrates individuals who go above and beyond to deliver compassionate, knowledgeable, and person-centred dementia care, and we couldn't be prouder of Jas for this well-deserved recognition.

We'll find out if Jas takes home the trophy at the gala awards evening in Maidstone on 11th September!



World Chocolate Day

We marked the cocoa-crazy occasion with a delicious day of chocolate-covered treats, as residents got involved in creating a variety of sweet goodies to enjoy together. From chocolate crispy cakes to fruit dipped in melted chocolate, there was plenty of creativity - and temptation - around the table!

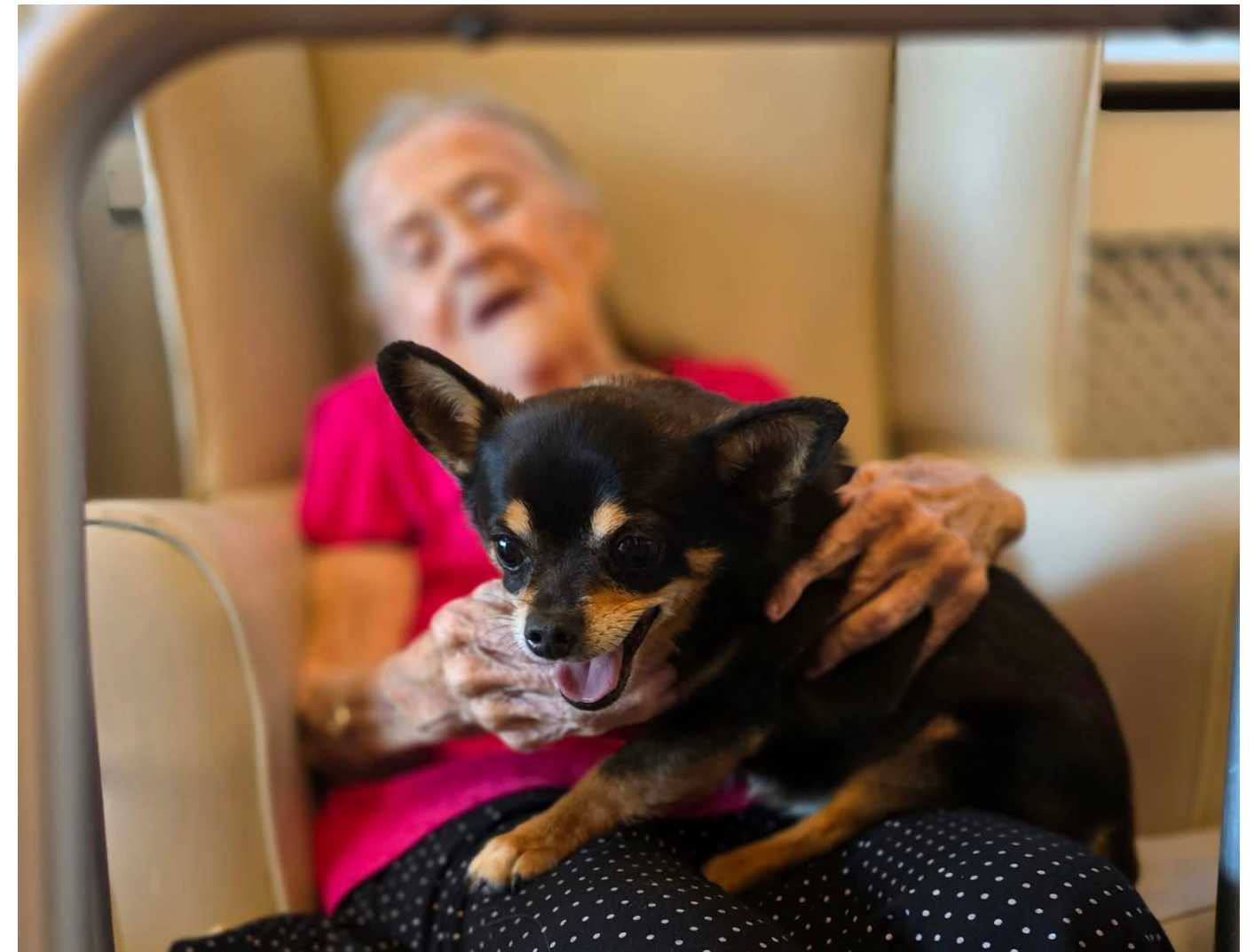
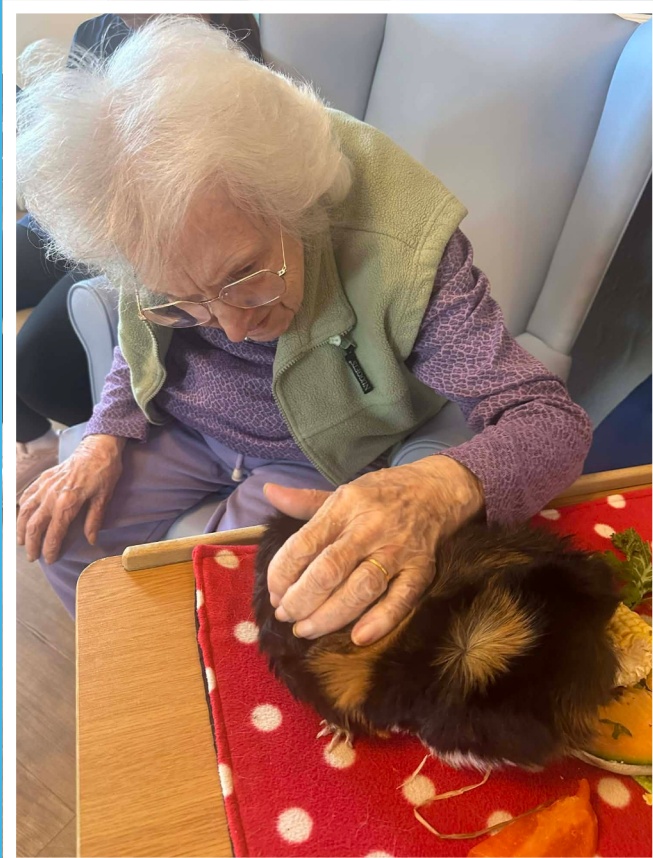
After spending the morning creating their treats, residents came together for a delicious afternoon tea featuring their handiwork.



Cuddly Cavies

The lovely guinea pigs from Cuddly Cavies returned to Whitfield recently!

Residents enjoyed spending some gentle, hands-on time getting to know our furry visitors and offering them a few healthy treats. The lounge was full of smiles as everyone took turns stroking their soft fur and watching them nibble on their vegetables. It was lovely to see everyone getting involved, as spending time with animals always brings such a relaxed and comforting atmosphere to the home. A big thank you to Cuddly Cavies!



Welcoming Back Rambo

We were delighted to welcome Rambo back to Whitfield for a catch-up with all his friends.

There were plenty of cuddles, wagging tails, and happy moments as residents enjoyed

spending time with their four-legged friend once again. Rambo certainly knows how to bring smiles wherever he goes!

Wonderful Wildlife

We were delighted to spot this beautiful baby dove enjoying the peaceful surroundings outside the home.

It's such a privilege to be surrounded by such wonderful wildlife!

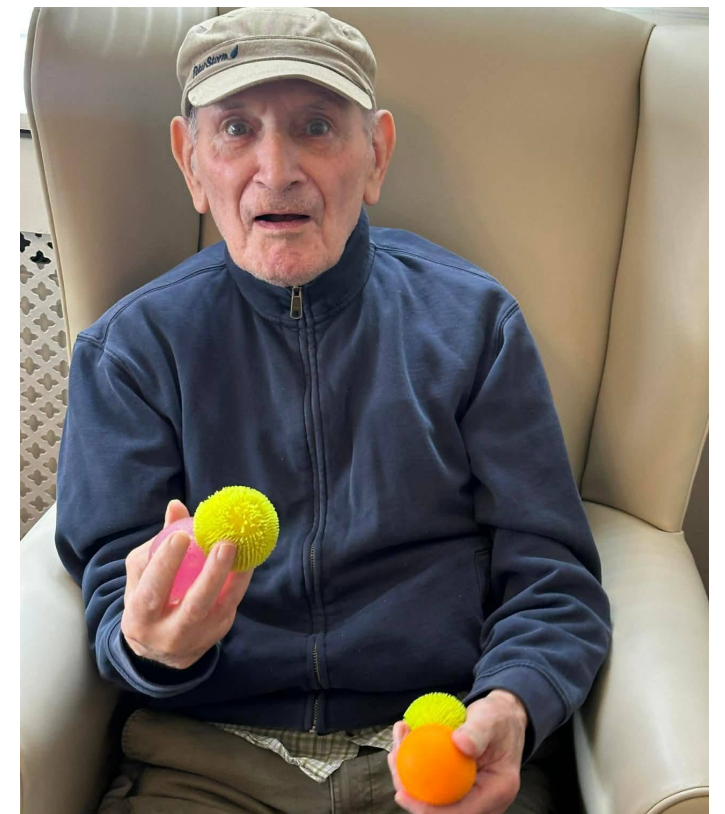
Lounge Tennis!



Who needs Centre Court when you've got our lounge? 🟡

Residents enjoyed a spot of indoor tennis today, showing off their skills with plenty of laughs along the way.

Wimbledon, eat your heart out!



Cowboy BBQ

Residents were joined by family, friends and colleagues from across Sai Care Homes for an afternoon of good food, refreshing mocktails and live music from Barry Goss.

A big thank you to Pete for keeping the barbecue going, our wonderful barmaids for serving up some delicious drinks, our carers for bringing a smile to our residents' faces, and Barry for providing the soundtrack to the day. It was great to see everyone coming together and enjoying each other's company on a wonderful summers afternoon.



Barry Goss provided the soundtrack for the afternoon.

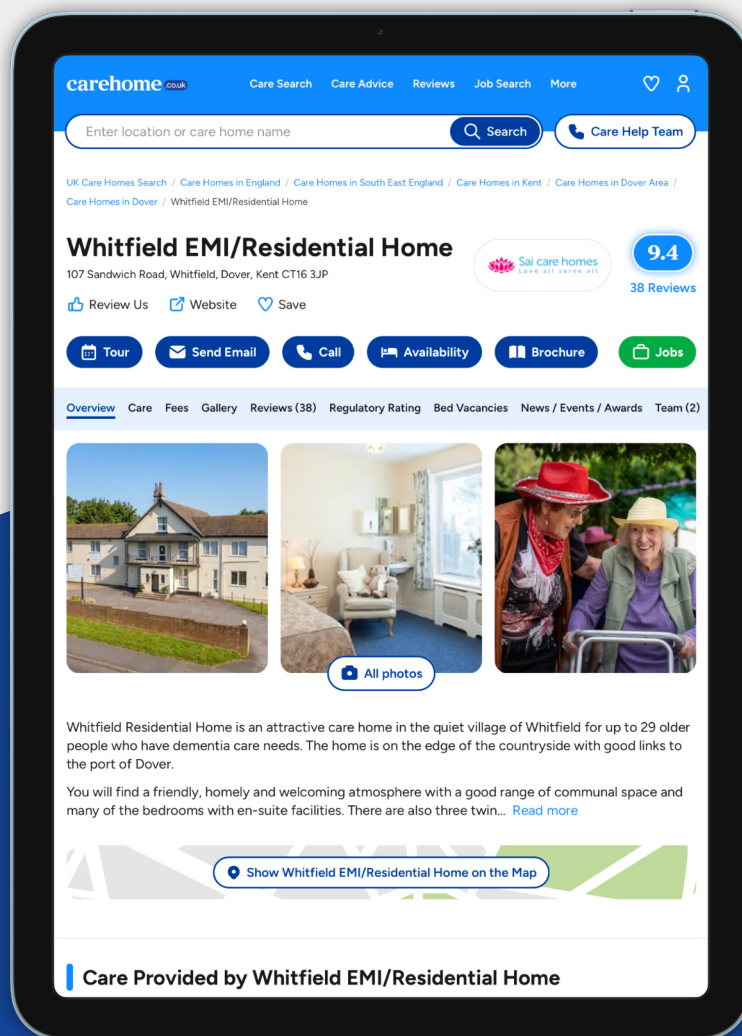


The best dance moves in Kent were on display!



Plenty of smiles all around - thank you to all our relatives and family members for attending!

Review us on carehome.co.uk



SCAN OR TAP
the QR code



or fill out
a mail-in card

**Your reviews will help care seekers across the UK help find the
right home for their loved ones!**



Sai Care Homes

Whitfield

RESIDENTIAL HOME



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Operations Manager



Lesley Sievwright
Whitfield Manager



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