



Sai Care Homes

September 2026

Tudor Lodge

TIMES



IN THIS ISSUE:

- Award Days
- Birthdays
- Weddings

...and so much more!

A MESSAGE FROM US

Autumn is here, and we have loads to celebrate here at Tudor Lodge - from next-of-kin weddings, to birthdays! Take a look inside to find out more.





Birthday

to our director, Seelan, who celebrated his birthday
on September 17th!

Team
Sai Care Homes



KENT CARE

AWARDS 2026

Back in our July newsletter, we shared that two of our Team Tudor stars were finalists at the KICA Kent Care Awards. While we didn't bring home the trophies from the gala in Maidstone on 11th September, we couldn't be prouder of Jojo and Tracy O.

Reaching the county shortlist is a massive achievement in itself. It highlights what our residents and team see every single day: Jojo's dedication to delicious, thoughtful meals for the Care Nutrition nomination, and Tracy's exceptional empathy and expertise as a Dementia Champion finalist.

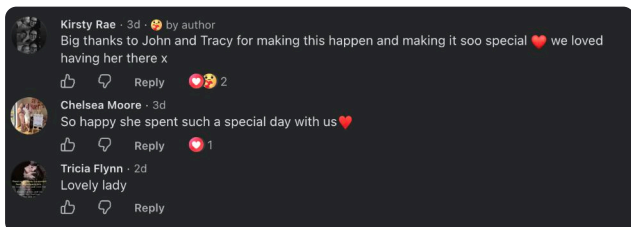
Thank you to everyone who sent in messages of support leading up to the night, and congratulations to all the winners across Kent. Trophies or not, they're already champions to all of us at Tudor Lodge.



Dressed To The Nines!

One of our lovely residents had the best time attending her granddaughter's wedding, looking utterly glamorous for the big day.

Sending our warmest congratulations and best wishes to the newlyweds from everyone at Tudor Lodge!



Join the conversation

Scan the QR code to follow our Facebook



Afternoon Tea at



TAPESTRY
COLLECTION
by Hilton™

A spot of tea by the sea!

Some of our wonderful ladies enjoyed a lovely trip out for afternoon tea at Dover Marina Hotel and Spa, Tapestry collection by Hilton.

With delicious sandwiches, warm scones, and plenty of sweet treats, it was the perfect excuse to dress up,

enjoy the seafront views, and have a good natter together.

Lots of fun had by all - if you're looking for a change of scenery upon your next visit, why not consider stopping by?



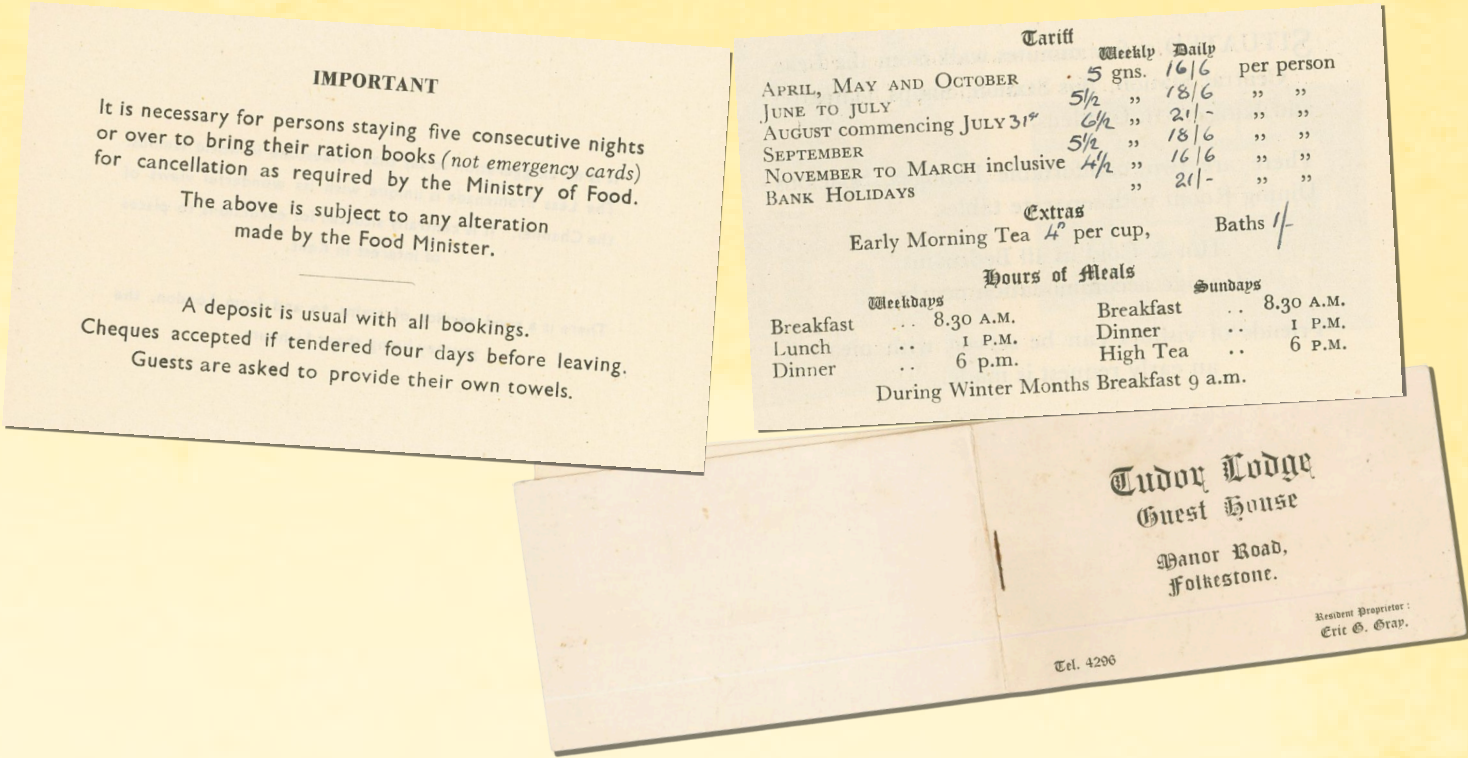
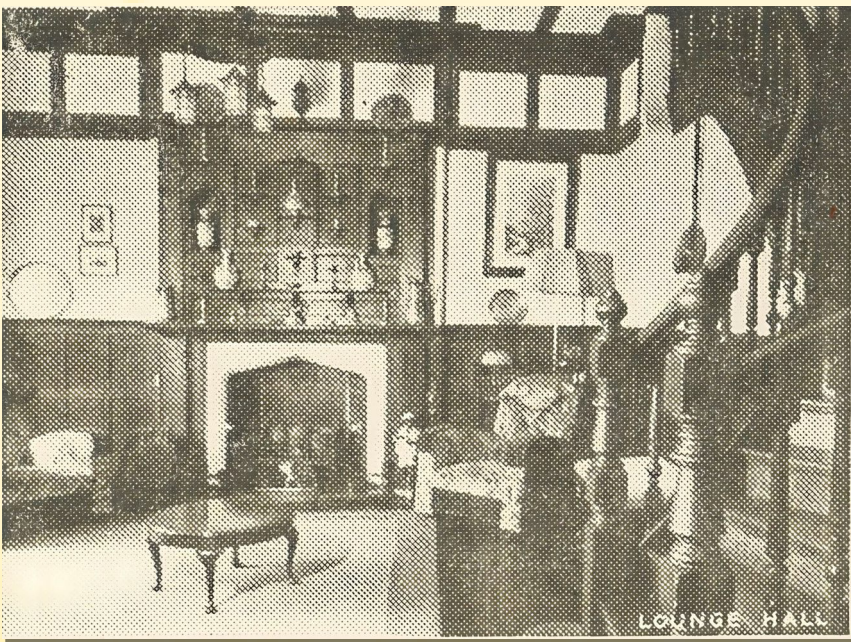
Tudor Lodge

Guest House

Long before Tudor Lodge became a care home, it was a seaside guest house in the 1940s.

We were recently sent a welcome brochure by someone with connections to the building - complete with strict instructions to bring your ration books and pack your own towels!

Thankfully, no one has to surrender ration coupons here anymore, and tea's on the house! It is lovely knowing this building has been a place of comfort and care, in more ways than one, for over 80 years.



Item / Period	Rate Type	Original Price (1940s)	Decimal Equivalent (£)	Adjusted for Inflation (Approx. Today £)
April, May and October	Weekly	5 gns.	£5.25	£285.00 - £295.00
April, May and October	Daily	16s 6d (16/6)	£0.83	£45.00 - £46.00
June to July	Weekly	5 1/2 gns.	£5.78	£315.00 - £325.00
June to July	Daily	18s 6d (18/6)	£0.93	£50.00 - £52.00
August commencing July 31st	Weekly	6 1/2 gns.	£6.83	£370.00 - £380.00
August commencing July 31st	Daily	21s (21/-)	£1.05	£57.00 - £59.00
September	Weekly	5 1/2 gns.	£5.78	£315.00 - £325.00
September	Daily	18s 6d (18/6)	£0.93	£50.00 - £52.00
November to March inclusive	Weekly	4 1/2 gns.	£4.73	£255.00 - £265.00
November to March inclusive	Daily	16s 6d (16/6)	£0.83	£45.00 - £46.00
Bank Holidays	Daily	21s (21/-)	£1.05	£57.00 - £59.00
Extras: Early Morning Tea	Per cup	4d	£0.02	£0.90 - £0.95
Extras: Baths	Per bath	1s (1/-)	£0.05	£2.70 - £2.80

The National Care Awards

It's been a fantastic month for award nominations - our parent group, Sai Care Homes, has been nominated for the **Care Home Group of the Year (Small)** award at **The National Care Awards!**

This award is a testament to the daily care, compassion, and commitment of every single carer, and support staff member at **Tudor Lodge**, and our sister homes.

We'd like to thank our RS Rock Holdings colleagues for assisting with this nomination - bring on November 6th!





Great British
Care Awards

Even more awards nominations... this time **specifically for our sister home in Whitfield!**

Home manager, Lesley, and deputy manager, Taz, have been named **Regional Finalists** at The **Great British Care Awards 2026!**

Lesley has been nominated for the Care Home Registered Manager Award, and Taz has been nominated for the Dementia Carer Award.

Fingers-crossed for trophies at the ceremony in Brighton on 20th November!

Quex Park Trip

We tagged along with Hatfield Lodge on a trip through the stunning gardens and discovering the fascinating sights at Quex Park. The rain didn't wash away our smiles!

It was wonderful to soak up the fresh air, admire the peaceful grounds, and explore such a unique piece of history together. The scenic trip across East Kent was well worth the journey, and we couldn't have asked for a better day out!



Nothing but smiles all around - a fantastic day out.

Happy Birthday Linda!

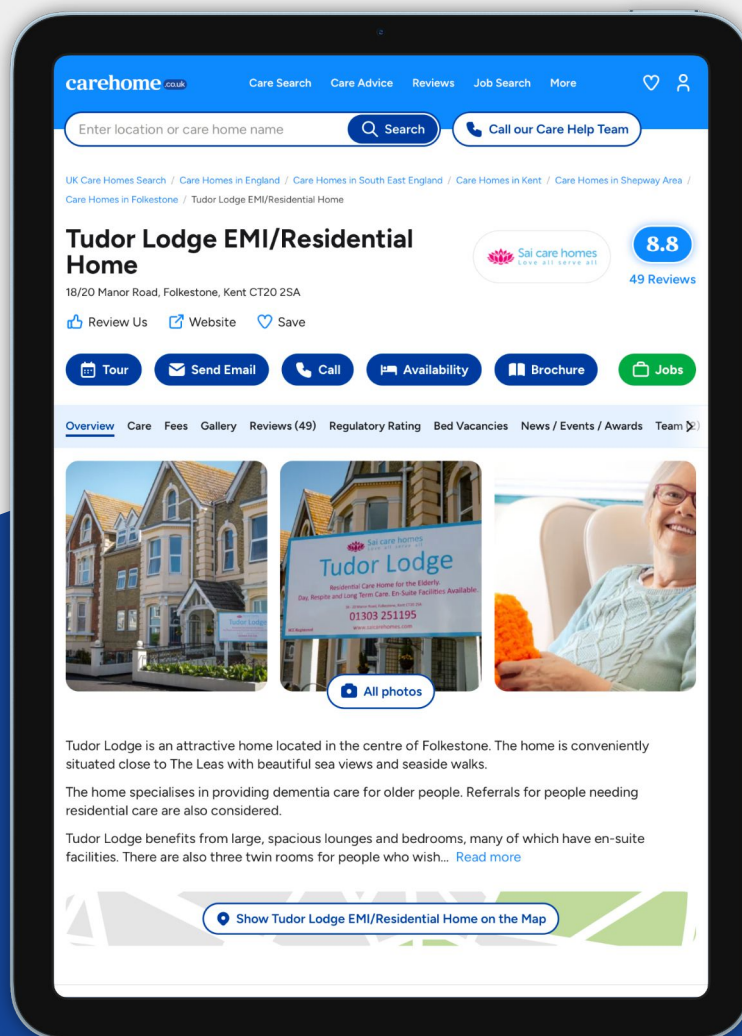
This month, our wonderful administrator, Linda, celebrated her 25th birthday - and a massive box of flowers to celebrate!

Linda's heartwarming personality and infectious smile have been part of the furniture at Tudor Lodge for over thirty years, and working with her is an absolute delight.

We hope you had a wonderful day!



Review us on carehome.co.uk



SCAN OR TAP
the QR code



or fill out
a mail-in card

**Your reviews will help care seekers across the UK help find the
right home for their loved ones!**

Kind words from our next-of-kin



FROM

Next-of-Kin

TO

Tudor Lodge Manager

Dear John,

Just wanted to say how happy I am with the care Charles is receiving at Tudor Lodge. He always seems happy and content. The staff are all very caring and attentive, Jenish & Michael are always smiling and nothing is ever too much trouble for them. Thank you to all for taking such good care of Charles... it really gives me peace of mind.

Many thanks,

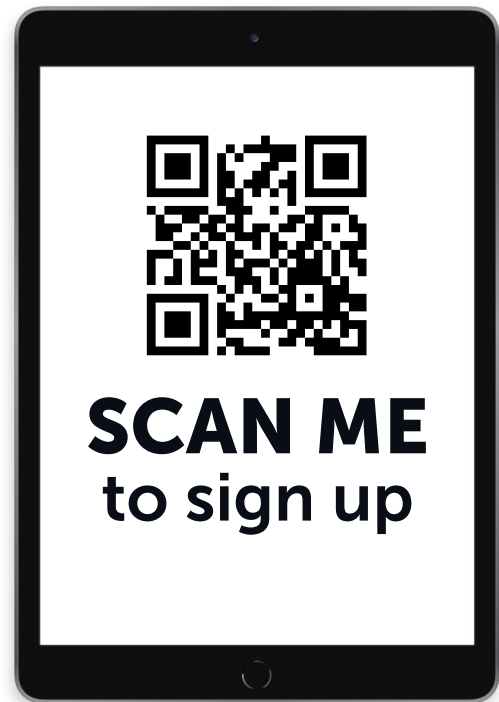
Angie

Next-of-Kin Surveys

You may have received emails from head office regarding surveys for next-of-kin and relatives to the home. **If you're not currently receiving these emails, please scan or tap the QR code to sign yourself up.**

We'll never flood your inbox with spam - you'll only receive surveys, home announcements, and occasional special offers from around RS Rock Holdings. You can unsubscribe at any time.

We appreciate not everybody enjoys filling out online forms, so we have a paper version of the survey - just ask a member of staff for a copy, and we'll make sure the data reaches our back-office number crunchers.

A hand holding a white paper survey form. The form has the "Sai Care Homes" logo at the top left and the title "Next of Kin Survey - July 2026" at the top right. Below the title, there is a disclaimer: "We'd really value your feedback on the care and support we provide. This survey is anonymous unless you choose to add your name at the end. Fields marked * are required. Please tick one box per rating question, where 1 = Poor and 5 = Excellent." The form is titled "Ratings" and contains seven questions, each with a 5-point rating scale (1 to 5) represented by checkboxes. The questions are: 1. How happy are you with the care provided at the home? *, 2. How welcome do you feel when you visit? *, 3. How helpful and knowledgeable are the staff? *, 4. How clean and hygienic is the home? *, 5. How well-presented and cared for do residents appear? *, 6. Do you feel that there are enough staff on duty? *, and 7. How active and engaged do residents appear when you visit? *.

Overall Satisfaction

 **5.0**

Staff Knowledge

5/5

Staff commended for kindness, attentiveness, and dignity.



Families Feel At Home

5/5

Warm, welcoming home; staff helped resident attend family wedding.



Cleanliness & Safety

4.8/5

Light, well-maintained home; residents feel safe and supported.



Home Leadership

5/5

Rated 5/5 for responsive and proactive management.



Meals & Nutrition

4.8/5

Surveyed residents are happy with the meals provided.



Room for Improvement Focus Area

Driving Carehome.co.uk review cards and family survey responses.



Staffing Levels

5/5

Residents confirm personal care help is always on hand; active recruitment ongoing for vacant roles.



Comms and Updates

Direct email updates via Mailchimp - email info@saicarehomes.com to enrol.



Sai Care Homes

Tudor Lodge

CARE HOME



Lalitha Kumar
Operations Manager



John Woodward
Tudor Lodge Manager



Scan me
to visit our website



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RS ROCK
HOLDINGS